



Ma Jianping

- Head Coach, Lindenwood University, 2012-present
 - Head Coach, US World University Championships Team, 2003-2007
 - Head Coach, Seychelles National Team 1992-1994
 - Resident Coach, Chinese Junior Nation Team 1990-1992
 - Olympian, 1984 Los Angeles Games
 - World Silver Medalist
 - 2 time World Bronze Medalist
- Coach Ma Jianping was a member of the Chinese National Team from 1978 to 1988 and represented his country in the 69kg class at the 1984 Los Angeles Olympic Games.



Manuel Buitrago

Coach Manuel Buitrago has been a weightlifting coach for eight years. As a strength athlete, Manuel comes from a gymnastics background and trained under Ivan Abadjiev, the most successful weightlifting coach in history. After his time with Coach Abadjiev, Manuel was mentored by Coach Ma Jianping where he learned Chinese weightlifting technique and training methods. He furthered his knowledge by studying Chinese sports science texts on weightlifting and traveled to China where he trained with professional Chinese weightlifters.

Chinese Weightlifting Technique Clinic

MA Strength Weightlifting Clinic

Where: CrossFit Greensboro

901 Norwalk St. Suite E

Greensboro, NC 27407

When: February 7, 9-5 pm

Cost: \$300

Limit: 20 Participants

Register:

www.crossfitgreensboro.wodify.com



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